



mhca News Bulletin – May 1, 2023

MEMBER NEWS

A first look inside behavioral health urgent care

No longer an abandoned grocery store, **Citizen Advocates** Behavioral Health Urgent Care is set to open, focusing on mental health and addiction services with no referrals or appointments needed.

<https://www.wvntv.com/2023/04/19/first-look-inside-behavioral-health-urgent-care/>

River Valley Behavioral Health host Narcan giveaway

The Owensboro Police Department partnered with River Valley Behavioral Health for a Narcan giveaway. River Valley officials say there have been five overdoses in teens this past week, and they want everyone to have access to Narcan in case of an emergency.

<https://www.14news.com/2023/04/19/opd-river-valley-behavioral-health-hosting-narcan-giveaway/>

Sound Health: FDA's Narcan over-the-counter approval 'removes barriers'

“The more barriers we can remove from Narcan access, the better,” said Bryan Hinman, associate director of court treatment programs at **Chestnut Health Systems** in Bloomington, currently one of a select few places in McLean County where you can get Narcan.

https://www.wglt.org/local-news/2023-04-07/sound-health-fdas-narcan-overapproval-removes-barriers?fbclid=IwAR1_KnryOwLIWowvAp6yPgf0uSJ3gYZbs62BykddES-0p2R2To-wTVbOL08

CarePlus Secures Grant to Treat Problem Gambling in New Jersey

As announced, the organization received \$120,000 for its new program. Being a company that deals with mental health, CarePlus recognizes the dangers that gambling disorders pose. According to experts, gambling addiction has one of the highest suicide attempt rates of all addictions and is an important problem to address.

<https://www.gamblingnews.com/news/careplus-secures-grant-to-treat-problem-gambling-in-new-jersey/>

Behavioral health needs critical

The county relies heavily on law enforcement and hospital emergency rooms to address behavioral health needs. Doing so is neither sustainable nor effective long-term.

https://pantagraph.com/opinion/letters/letter-behavioral-health-needs-critical/article_b713dfa8-d9f7-11ed-91c9-1f9820890a29.html

Study Identifies Key Barriers and Facilitators for Medications to Treat Opioid Use Disorders in U.S. Jails

A recent study by Drs. Christy Scott, Christine Grella, Michael Dennis and their team at **Chestnut Health Systems** identified significant barriers and facilitators that impede access to MOUD in U.S. jails. Structured interviews were completed between December 2019 and February 2021 with representatives from 185 jails in counties that the opioid epidemic has most heavily impacted.

<https://www.jcoinctc.org/study-identifies-key-barriers-and-facilitators-for-medications-to-treat-opioid-use-disorders-in-u-s-jails/>

Do Therapy Dogs Work? A Research Study Weighs In

Does your therapist have big ears, a long tail and a scent that might be described as slightly “canine?” This one does. Her name is Piper, and she serves as a therapy dog with Skyline Academy at **WellPower’s** Dahlia Campus for Health & Well-Being. And now, she’s at the center of a brand-new academic study exploring the efficacy of therapy dogs in supporting children’s mental health treatment.

<https://www.wellpower.org/blog/do-therapy-dogs-work-a-research-study-weighs-in/#msdynttrid=aXqfHRPbkazRL1tNLcGwy8jTrw4eNGXjThcaRIk21WA>

Time to talk about it: Talkable Communities offers courses to spot youth mental health crises

Smith is among the 1,100 or so people who have completed one of three free training courses offered online and in person through Talkable Communities, a 2-year-old youth mental health initiative developed by the CEOs of five Northeast Florida behavioral health organizations.

<https://www.jacksonville.com/story/news/healthcare/2023/03/28/youth-mental-health-jacksonville-based-nonprofit-can-help-spot-crisis/69954021007/>

INDUSTRY NEWS

Why It's Important For Healthcare Leaders To Have A Support System

Having people you can rely on for advice and guidance can help you stay connected to your values and maintain a sense of perspective—giving you much-needed emotional and practical assistance, helping to lighten the load and make tough decisions easier.

<https://www.forbes.com/sites/forbesbusinesscouncil/2023/04/24/why-its-important-for-healthcare-leaders-to-have-a-support-system-and-how-to-create-one/?sh=54d6d78230e1>

CVS Health to Staff MinuteClinic Locations with Licesed Mental Health Providers

Specifically, the retail giant will now staff half a dozen MinuteClinics in the Los Angeles metro area with licensed mental health providers (LMHP), while also offering virtual services. This will enable patients to access mental health assessments, referrals, counseling and personalized care plans at these clinics.

<https://bhbusiness.com/2023/04/19/cvs-health-to-staff-minuteclinic-locations-with-licensed-mental-health-providers/>

Without Policy Action, Industry Likely to See Severe ‘Exodus of Behavioral Health Workers’

“Behavioral health organizations are seeing an increase in the severity of cases, and a backlog of young people in need of care has led to more youth being seen in emergency departments,” National Council for Mental Wellbeing President and CEO Chuck Ingoglia said in a statement.

<https://bhbusiness.com/2023/04/25/without-policy-action-industry-likely-to-see-severe-exodus-of-behavioral-health-workers/>

Internet of things creates new ways to hack into medical computer networks

Nurse call systems are the riskiest devices open to malicious computer activity in hospitals and clinical environments, according to a study by cybersecurity consultant Armis. Cameras, printers, and voice over internet protocol (VoIP) devices also rank among internet-of-things (IoT) devices vulnerable to attack.

<https://www.medicaleconomics.com/view/himss23-internet-of-things-creates-new-ways-to-hack-into-medical-computer-networks>

BUSINESS NEWS & LEADERSHIP ARTICLES

5 qualities that set leaders apart from managers

There’s a time and a place for both leaders and managers. And successful leaders sometimes need to employ the more process or task-driven qualities of a manager, but true leaders can push past being just a manager and typically embody the following five characteristics.

https://corp.smartbrief.com/original/2023/04/5-qualities-that-set-leaders-apart-from-managers?utm_term=EFB52392-F1D7-42F3-93F4-7097B463179E&utm_content=4DE32287-A548-48F6-940F-71BA39322E2E&utm_source=brief

The Leadership Odyssey

It’s not easy to become less directive and more empowering. In most corporations decision-making has become decentralized, and leaders are now supposed to empower and enable their people. Here’s how to navigate the challenges.

<https://hbr.org/2023/05/the-leadership-odyssey>

Past issues of this publication are available online at: <https://mhca.com/about-us/member-news>

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