

# Bi-Weekly Bulletin for September 19, 2019

# **MEMBER NEWS**

## LAKEVIEW CENTER ANNOUNCES NEW PRESIDENT OF BEHAVIORAL HEALTH SERVICES

Lakeview Center, an affiliate of Baptist Health Care, is pleased to announce a new role for **Shawn Salamida**, previous president of FamiliesFirst Network. Salamida recently transitioned to the role of president of the Behavioral Health division.

https://elakeviewcenter.org/news/lakeview-center-announces-new-president-of-behavioral-health-services

## Melanie Dallas: Mental health, substance use recovery a process, but always possible

Recovery is about regaining - health, wellness, a self-directed life and more.

<u>http://www.northwestgeorgianews.com/calhoun\_times/melanie-dallas-mental-health-substance-use-recovery-a-process-but/article\_e5785bae-d55e-11e9-a0bd-eb3f7a0f22bb.html?fbclid=IwAR1ZqEoCit-uPJqJFszSjOheTzjsYImqn9BDZX5Q6iVAOGsDuQYXQJyoy8l</u>

## Need for employee assistance programs growing

As behavioral health issues grow as a concern in the United States and in the region, **Harbor Behavioral Health** – a mental health provider in northwest Ohio with locations in Lucas, Wood, and Defiance Counties – is continuing to address the need for mental health services here with its employee assistance program and range of services.

https://www.toledobiz.com/Files/major\_stories/2019/19featured/1909featured/tbj\_featured1909harbor\_eap.html

## Burrell teams up with SPS to strengthen mental health efforts

Since changes in Missouri's Medicaid rules last spring opened the door for community mental health agencies to provide services in schools, Burrell Behavioral Health has helped 1,500 students through their school-based programs.

https://www.ozarksfirst.com/local-news/burrell-teams-up-with-sps-to-strengthen-mental-health-efforts/

#### Thought Leaders: Agencies get active in boosting the accessibility of mental health services

A partnership **Burrell Behavioral Health** and Fordland Clinic finalized this summer is part of the foundation being built locally toward bolstering mental health services.

https://sbj.net/stories/thought-leaders-agencies-get-active-in-boosting-the-accessibility-of-mental-health-services,65603

#### New crisis walk-in center to open in Montrose

The Center for Mental Health will be opening a crisis walk-in center to the public in Montrose.

https://www.nbc11news.com/content/news/560485451.html

#### **Chestnut Family Health Center receives national honor**

Chestnut was recognized for using health information technology and/or telehealth to increase access to care and advance quality of care.

https://www.thetelegraph.com/news/article/Our-Health-Chestnut-Family-Health-Center-14438324.php

#### Illinois health professionals, vaping industry, split on flavors ban

**Chestnut** said "Vaping poses a serious health threat to adolescents and teens. Rates of e-cigarette use and vaping are on the rise locally. The 2018 Illinois Youth Survey indicated that, in Bloomington-Normal, usage rates among students in grades 8, 10 and 12 had more than doubled in the past two years."

https://www.pantagraph.com/news/local/illinois-health-professionals-vaping-industry-split-on-flavorsban/article\_2ffc4dea-7152-502c-8b50-0f76aedd5271.html

#### AMHC helps to highlight Suicide Prevention Month

September is designated as Suicide Prevention Month and Aroostook Mental Health Center has been partnering with other community organizations to highlight awareness, prevention and local resources that are available to everyone.

https://fiddleheadfocus.com/2019/09/16/news/amhc-helps-to-highlight-suicide-prevention-month/

#### INDUSTRY NEWS

#### Machine Learning Identifies Patients for Advanced Depression Care

A new machine learning algorithm is helping to identify primary care patients in need of advanced depression care within existing provider workflows.

https://healthitanalytics.com/news/machine-learning-identifies-patients-for-advanced-depression-care

#### First glimpse into new 'Walmart Health' format

By partnering with local providers, Walmart said the new health center will deliver services including primary care, labs, X-ray and EKG, counseling, dental, optical, hearing, community health (nutritional services, fitness) and health insurance education and enrollment. The facility is outside the store with a separate entrance for customers.

https://talkbusiness.net/2019/09/first-glimpse-into-new-walmart-health-format/

## How A Proposed 3-Digit Suicide Hotline Could Help Prevention Efforts

The Federal Communications Commission is proposing to launch a new three-digit hotline for people who are feeling suicidal or are going through any other mental health crisis. It recommends making 988 the new national number to call for help, replacing the current 10-digit number.

https://www.npr.org/sections/health-shots/2019/09/13/760511982/how-a-proposed-3-digit-suicide-hotline-couldhelp-prevention-efforts

#### Meru Health launches wearable companion to track biofeedback

This announcement comes less than a month after Meru Health published results from its year-long study in JMIR, which found a smartphone delivered therapy intervention created for the study was associated with reductions in symptoms of depression and anxiety.

https://www.mobihealthnews.com/news/meru-health-launches-wearable-companion-track-biofeedback

#### How High Heat Can Impact Mental Health

An analysis by the University of Maryland's Howard Center for Investigative Journalism found emergency response calls relating to psychiatric conditions increased nearly 40% in Baltimore in the summer of 2018, when the heat index spiked above 103.

https://wamu.org/story/19/09/04/how-high-heat-can-impact-mental-health/

#### '#TalkToMe' is a new drive to destroy the stigma of addiction

#TalkToMe is a science-based public awareness initiative that unites sectors with influencers to reduce stigma as a barrier to opioid use disorder prevention, treatment and recovery.

https://www.campaignlive.com/article/wpp-iheartmedia-noac-unite-fight-opioid-epidemic/1595533

#### The Rwandan prescription for Depression: Sun, drum, dance, community

"We had a lot of trouble with western mental health workers who came here immediately after the genocide and we had to ask some of them to leave."

https://underthebluedoor.org/2014/08/18/the-rwandan-prescription-for-depression-sun-drum-dance-communitywe-had-a-lot-of-trouble-with-western-mental-health-workers-who-came-here-immediately-after-the-genocideand-we-had-to-ask-some/?fbclid=IwAR2xMKjsVTPsT6WV7-98HZhtbMaba3rD-Yeoa9ErFuRd5nUeELoaBnDdbp8

#### Stanford's Brainstorm lab works with Pinterest, others to apply product design to mental health

Brainstorm's ultimate goal of advancing the field of mental health innovation is a product of four main topics: research, education, product design and community building.

https://www.stanforddaily.com/2019/09/16/stanfords-brainstorm-lab-works-with-pinterest-others-to-apply-product-design-to-mental-health/

## Leader, Innovate Thyself

3 myths about how innovation works inside companies

https://www.industryweek.com/leadership/leader-innovate-thyself

### The art of inquiry

Think of the Art of Inquiry as a leadership practice that invites inclusion and engagement among colleagues.

https://www.smartbrief.com/original/2019/09/art-inquiry

#### Strategic Leadership: What Your "Action Logic" Says About Your Leadership Style

What differentiates effective leaders is not necessarily their philosophy of leadership or personality, but rather their internal "action logic," defined by consultant David Rooke and professor William R. Torbert as "how individuals interpret their surroundings and react when their power or safety is challenged."

https://www.business2community.com/leadership/strategic-leadership-what-your-action-logic-says-about-your-leadership-style-02238194

NOTE: If we missed a recent (past 2 weeks) news article about your organization, please send the <u>link</u> to Lonnie Parizek at <u>lparizek@mhca.com</u> to be included in our next issue. Have something to report that wasn't covered in your local news? We'd love to hear all about it and link to news on your website! If you can't wait 2 weeks to read the latest news, follow <u>@mhca</u> on Twitter where we post these articles and many others daily.

We try to find articles and opinion pieces we think will be of interest to our members. Sometimes those who receive these e-mails may feel an article or opinion is not accurate based on its use of data or because it is not aligned with their views. **mhca** does not endorse any article it sends out as we try to rapidly share relevant industry information.

mhca

1876 Eider Court, Suite A Tallahassee, FL 32308

TEL: (850) 942-4900

If you don't want to get similar messages from us in the future, you can Unsubscribe or Opt-Out by clicking the following link: https://mhca.com/index.php?

option=com civicrm&task=civicrm/mailing/unsubscribe&reset=1&jid=&gid=&h=